Liturgy of The Word

First Reading : Isaiah 66:18-21
Responsorial Psalm : Go out to the whole world; proclaim the Good News.
Second Reading : Hebrews 12:5-11

Weekly Activities

**Monday**
- **Alpha Programme** 8.00pm, room F7: Legion of Mary (Our Lady of Lourdes Praesidium), 7.30pm, room F4.

**Tuesday**
- **Senior Alpha** 9.00am-10.30am, room G1.

**Wednesday**
- **Intercessory Prayer Group (SHC) prayer**, 8.00pm, SHC Chapel.

**Thursday**
- **Intercessory Ministry (CMI) prayer**, 8.00pm, CMI Chapel.

**Friday**
- **English Group Meeting**, 8.00pm, Parish Hall; **BM Prayer Group** meeting, 7.30pm, room F1; Life Line “LifeNite”, 7.15pm, room F7; **Chinese Prayer Group** Meeting, 7.30pm, CMI; **Intercessory Prayer Group (English)** prayer, 8.00pm, SHC Chapel

**Saturday**
- **Divine Mercy Devotion**, 2.15pm, B1, LGF; **SHC Altar Servers** meeting (1st & 3rd Sat), 2.30pm, SHC Conference room; **Boys & Girls Brigade**, 2.30pm-5.30pm, CMI; **Kids of the Kingdom** class, 6.00pm-7.00pm, St. Francis Kindergarten; Life Line “LifeNite”, 8.00pm, room F6; **Special Ministry for People with Dev. Disabilities**, 9.00am-11.00am, room G1

Sunday
- **Faith Formation (English)**, 7.45am-8.45am, Conference room; **Kids of the Kingdom** class, 9.00am-10.00am, St. Francis Kindergarten; **English Choir**, 10.30am, room F1; **Young Adults Prayer meeting**, 8.00pm, room F7; **SHC Ministry to Deaf People** class, 10.30am-12.00pm, St. Francis' Kindergarten.

Thoughts for prayers SHALOM

God has always intended to include all the peoples of the earth in His plan for redemption. In Isaiah, God promises to gather all the nations and tongues into one and to proclaim His glory in all lands. When we strive to include others and to remove barriers and prejudices, we are really doing God’s work. When we set an example of compassion, holiness and justice, we are eloquently proclaiming the word of God.

The many trials that meet us in life are not intended as punishments but opportunities. If we are patient, loving, courageous, and upright in the face of adversity, we will be transformed more and more into the image of Christ. Let us see the challenges of each day with eagerness.

It is a narrow door indeed that leads to the kingdom of God. It is called love, humility, kindness, and service – there is no other way. No one has any special influence or privilege, and no one can bully or manipulate their way into the kingdom. In fact, we will be surprised, for some who are first now will be last, and those who are last will be first. God’s ways are very different from those of humans. Wealth, power, and achievements in this life mean very little unless they are exercised for the good of others.

*Lord, may I always be doing Your work.*

Next Week’s Reading

**22nd Sunday of Ordinary Time**
- Psalter Week II - Year C
- **1st Reading**: Ecclesiasticus 3:17-20, 28-29
- **Responsorial Psalm**: Psalm 67:4-7, 10-11
- **2nd Reading**: Hebrews 12:18-19, 22-24
- **Gospel**: Luke 14:1-7, 14

**Next Week’s Reading**

- **Responsorial Psalm**
- **Second Reading**
- **Gospel**

**Daily/Weekly Schedules**

**Sacred Heart Cathedral Shanghai**

**Sacred Heart Cathedral Shanghai**

**Sacred Heart Cathedral**

14B, Jalan Mentari
(Off Jln. Tengku Abdul Rahman, 8800 Karamunting)
P.O. Box 10049, 88000 Kota Kinabalu, Sabah.
Tel: 088-224741, 223618, 226068
Fax: 088-224068
E-mail Address: shparishoffice@gmail.com
Office Hours: Mon-Fri 8.00am-4.30pm; Sat 8.00am-12.00pm

**Church of Mary Immaculate**

Jalan Kolam, Bulkit Padang, Kota Kinabalu, Sabah.
P.O. Box 21263, 88770 Luyang, Sabah.
E-mail Address: cmikki@gmail.com
Tel / Fax: 088-244345 (Please call)
Office hours: Mon - Fri 8.00am - 3.00pm; Sat 8.00am - 12.00pm

**Parish Priest:** Fr. Maxmilliano Benhor Honor
**Assistant Parish Priests:** Fr. Rhobby Aaron Mojilau
**IY & Carmelite Chaplain:** Fr. Joshua Liew

**Weekly Activities**

**Monday**
- **Alpha Programme** 8.00pm, room F7; **Legion of Mary** (Our Lady of Lourdes Praesidium), 7.30pm, room F4.

**Tuesday**
- **Senior Alpha** 9.00am-10.30am, room G1.

**Wednesday**
- **Intercessory Prayer Group (SHC) prayer**, 8.00pm, SHC Chapel.

**Thursday**
- **Intercessory Ministry (CMI) prayer**, 8.00pm, CMI Chapel.

**Friday**
- **English Group Meeting**, 8.00pm, Parish Hall; **BM Prayer Group** meeting, 7.30pm, room F1; Life Line “LifeNite”, 7.15pm, room F7; **Chinese Prayer Group** Meeting, 7.30pm, CMI; **Intercessory Prayer Group (English)** prayer, 8.00pm, SHC Chapel

**Saturday**
- **Divine Mercy Devotion**, 2.15pm, B1, LGF; **SHC Altar Servers** meeting (1st & 3rd Sat), 2.30pm, SHC Conference room; **Boys & Girls Brigade**, 2.30pm-5.30pm, CMI; **Kids of the Kingdom** class, 6.00pm-7.00pm, St. Francis Kindergarten; Life Line “LifeNite”, 8.00pm, room F6; **Special Ministry for People with Dev. Disabilities**, 9.00am-11.00am, room G1

**Sunday**
- **Faith Formation (English)**, 7.45am-8.45am, Conference room; **Kids of the Kingdom** class, 9.00am-10.00am, St. Francis' Kindergarten; **English Choir**, 10.30am, room F1; **Young Adults Prayer meeting**, 8.00pm, room F7; **SHC Ministry to Deaf People** class, 10.30am-12.00pm, St. Francis' Kindergarten.

**Thoughts for prayers SHALOM**

God has always intended to include all the peoples of the earth in His plan for redemption. In Isaiah, God promises to gather all the nations and tongues into one and to proclaim His glory in all lands. When we strive to include others and to remove barriers and prejudices, we are really doing God’s work. When we set an example of compassion, holiness and justice, we are eloquently proclaiming the word of God.

The many trials that meet us in life are not intended as punishments but opportunities. If we are patient, loving, courageous, and upright in the face of adversity, we will be transformed more and more into the image of Christ. Let us see the challenges of each day with eagerness.

It is a narrow door indeed that leads to the kingdom of God. It is called love, humility, kindness, and service – there is no other way. No one has any special influence or privilege, and no one can bully or manipulate their way into the kingdom. In fact, we will be surprised, for some who are first now will be last, and those who are last will be first. God’s ways are very different from those of humans. Wealth, power, and achievements in this life mean very little unless they are exercised for the good of others.

*Lord, may I always be doing Your work.*

Who can be saved? Jesus responds with two reflections. First, a negative answer: it is not enough to become member of a church, a follower of external rites and observances. To enter the narrow gate of the Kingdom one must fulfill the will of the Father with active charity. Second proposal is more positive: there are many true believers who come from every race and culture who struggle to enter the door of the banquet of the Kingdom. The call is universal; so is the invitation to strive for the Kingdom.
**Senior Parishioners Gathering**

This will be held this Sunday, **August 21st, 2016** after the 9.00am English Mass at the Right Wing of SHPC for all senior parishioners aged 55 and above. It is free.

**Notice from SJBF**

The 30th Annual General Meeting of the St. Joseph’s Benevolent Fund will be held this Sunday, **August 21st, 2016** at 1.30pm at the Sacred Heart Parish Centre. Please come with your name tags.

**Weekly Vespers and Holy Hour**

The weekly evening prayers and Holy Hour at SHC will be held every Thursday from 7.00pm to 8.30pm. The Vespers and Holy Hour next week, **August 25th, 2016** will be facilitated by Neo Catechumenate Community (Edward Muthu). All parishioners are encouraged to attend.

**Briefing for Sponsors & Godparents for Newly Baptised (SGNB Ministry)**

Inviting parishioners who are interested to volunteer as Sponsors / Godparents to attend a Briefing on the Roles and Responsibilities as Sponsors & Godparents on Saturday, **September 3rd, 2016** from 9.00am to 12.00pm at Room F7, SHPC. Please call the SHC Parish Office during office hours to register before August 27th, 2016.

**Migrants Sunday**

The local observance of Migrants Sunday is celebrated on Sunday, **September 4th, 2016** at Church of Mary Immaculate at 9.00am. Archbishop John Wong will grace the occasion. Parishioners are invited to give their support to our migrant brothers and sisters in joining the fellowship, followed by cultural activities, songs and dance.

**Sacred heart YouUnite: “ Mercy Go!”**

This will be held on Saturday, **September 10th, 2016** at Room F6 & F8, SHPC. Come and discover how God’s Mercy can lead you to greatness! Admission is free. For more information, please do not hesitate to contact Aline 019-5341705 or Serena at the SHC Parish Office 223618, 224741, 262068.

**English Friday Prayer Meeting**

The Bethel Prayer Community is taking a break on Fridays, **September 2nd** and 9th, 2016.

**CMI’s Half Day Camp for children**

Organized by the Children’s Liturgy of the Word Ministry (CLOW-English) of Church of Mary Immaculate.

**Date : September 12th, 2016 (Mon)**

**Time :** 12.30pm to 4.30pm

**Venue:** CMI Conference Room

**Ages :** 7 years to 12 years old

**Contribution :** RM25.00 per person

Registration form will be available at the CMI church entrance every Sunday or can be downloaded from SHC website: http://www.sacredheartcathedralkk.org/news-events/cms -half-day-camp-for-children/.

**Recollecton for Zone / Taman Coordinators**

There will be a half day recollection for all Zone / Taman Coordinators on **September 17th, 2016** at 8.00am in Room F2, SHPC. All those who are interested to serve at taman level are invited to attend.

**Life Teen New Semester (July – November 2016) Theme: ‘Catholic’**

Life Teen SHC, KK would like to invite teens aged between 13 and 18 years old to join our weekly gatherings at F6, 8.00pm, every Saturday. Starting from July to November 2016, we will cover some topics on the Church’s teachings.

**Month** | **Topics**
--- | ---
August | Angels & Saints, Mother Mary, The Eucharist (Mass)
September | Religious Vocation, Sacrament of Confession
October | Issues of LGBT, Issues of Pornography, Catholic Persecutions, Spiritual Warfare
November | Issues of Suicide, The Catholic Family

For further info, kindly contact: Kimberly S. Tamayo (016-2228437) / Timothy (016-5828089).

**Infant Baptism**

**BM**

<table>
<thead>
<tr>
<th>Date</th>
<th>Briefing @ 3.00pm at SHC</th>
<th>Baptism @ 3.00pm at SHC</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 18th, 2016</td>
<td>Regn deadline is 5/9/2016 (Thu)</td>
<td>Regn deadline is 6/10/2016 (Thu)</td>
</tr>
<tr>
<td>September 25th, 2016</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**English**

**Pre-Marriage Course**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Registration Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct 6th to 7th, 2016</td>
<td>BM (Regn. Deadline 29/9/16)</td>
<td>F7, SHPC @ 5.45pm onwards</td>
</tr>
<tr>
<td>Oct 8th, 2016</td>
<td>F7, SHPC @ 8.15am to 4.30pm</td>
<td></td>
</tr>
</tbody>
</table>

Please register at the SHC Parish Office. Couples are required to submit their birth certificate or identity card, baptism & confirmation certificates and engagement agreement for those who are engaged. Contribution at RM50.00 (morning tea, booklet etc.).

**Montfort 11th Annual Open House Carnival 2016**

Montfort will be holding the above on **October 9th, 2016** (Sun) from 8.00am to 2.00pm at the Kinarrat Campus. The sales of coupons will be held on August 27th & 28th, 2016 (Sat & Sun) at SHC & CMI entrances. Please give them your support.

**NEW TRAFFIC DIRECTION FOR WEEKEND MASSES & EVENTS**

1. The By-pass parking (left & right side) is STRICTLY one-directional that is to exit to JALAN SANG KANCIL (adjacent to Kindergarten gate).
2. Entrance from JALAN SANG KANCIL is STRICTLY for cars parking at the Kindergarten car park only.
3. Parishioners are to observe the road signage / or follow directions of traffic wardens.

**Activities at the Parish Centre**

All Church communities and groups using the room facilities at the Parish Centre are reminded once again to wrap up and close their activities by **10.30pm**. Please note that NO FOOD is allowed in the rooms. Thank you for your kind attention and cooperation.

**Catholic Family Life Service Centre**

Call 013-8612088 for a counselling appointment.

**Hospital Chaplains**


**Sunday Donations (August 13th & 20th, 2016) (in RM)**

SHC Black Bag (16,915.25), Red Bag (13,095.00); CMI Black Bag (6,200.20), Red Bag (5,019.35).